

# September Newsletter

## FALL FASHION TIPS

This months newsletter will be focused on fall fashion and how to make smart choices when switching the season of your clothes. We hope you enjoy!

### ANNOUNCEMENT!!

NEXT MONTH IS OUR ONE YEAR ANNIVERSARY! WE ARE SO EXCITED AND HAVE SOME FUN THINGS PLANNED! IF YOU HAVE ANY SPECIAL REQUESTS FOR THIS BIG MILESTONE WE WOULD LOVE TO HEAR THEM! (YOU CAN RESPOND TO THIS EMAIL)

### capsule wardrobe...

Some of you may have heard of a capsule wardrobe before. It is a collection of basic items that can all be used to create countless outfits. Here is a picture of what a fall capsule wardrobe would look like.

#### FALL CAPSULE WARDROBE



During a capsule challenge most people limit their wardrobe for thirty days to:

- Make it easy to create outfits
- See what types of clothes they enjoy most
- Find out what type of pieces they may need in order to have a small sustainable closet
- Feel the relief of having a smaller amount of clothes



The Essential Winter Capsule Wardrobe via liveandloves.com



#### FALL CAPSULE WARDROBE



# Continued...

Now that summer is coming to a close a lot of people will be doing some back to school shopping or doing a fall fashion refresh. Although having some new pieces may be exciting, it is not the most sustainable option.



some alternatives are:

- Buying a few basic pieces from sustainable brands that can be used to layer

BASIC JEANS OR A WHITE TEE ARE BOTH GREAT STAPLES TO BE ABLE TO MAKE MORE OUTFITS WITH THE CLOTHES YOU ALREADY OWN.

- Go through your closet and see exactly what you need



THIS CAN HELP PREVENT OVERCONSUMPTION. IT WILL ALSO MAKE YOU MORE AWARE OF EVERY CLOTHING PIECE YOU OWN, WHICH MIGHT MAKE IT EASY TO FIND NEW OUTFITS.

Also related to back to school and the end of summer, it is about time to get some new shoes. Check out the next page to see some great sustainable footwear brands!



# Sustainable Shoe Brands

**ROTHY'S:**

<https://rothys.com/>



**ALLBIRDS:**

<https://www.allbirds.com/>

**NIKE:**

<https://www.nike.com/sustainability>



You may be surprised to see Nike here! Nike actually makes sustainable shoes that are made out of recycled materials. This is a picture of only one of the many pairs!



**MADEWELL:**

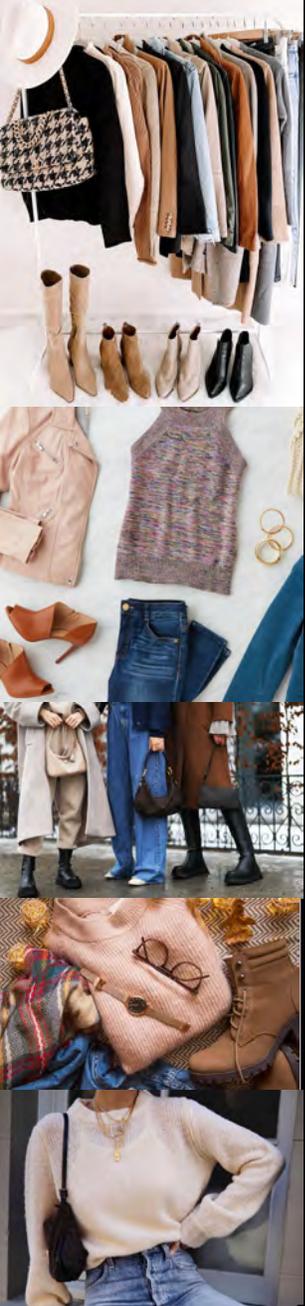
<https://www.madewell.com/womens/shoes>

CHECK OUT THESE LINKS OUT FOR A FEW MORE SUSTAINABLE OPTIONS!



- <https://www.rollingstone.com/product-recommendations/lifestyle/best-sustainable-shoes-1159635/>
- <https://www.thegoodtrade.com/features/15-ethical-shoe-brands-for-every-occasion>
- <https://www.sustainably-chic.com/blog/10-sustainable-shoe-brands-to-last-you-season-after-season>





## Resources page

<https://www.harpersbazaar.com/uk/fashion/what-to-wear/a41158/how-to-be-sustainable-fashion/>

<https://www.sustainably-chic.com/blog/what-is-a-capsule-wardrobe>

**GREAT INFO** ↓

<https://www.thehonestconsumer.com/blog/year-round-capsule-wardrobe>

Make sure you stay tuned for next month! As we said, it's something super exciting!!



Suggest possible newsletter topics and send feedback using this link:

<https://forms.gle/1iooHy264x16DpX48>

Send our newsletter to others using this link:

<https://forms.gle/p9Tn5RaD447NBj9f7>

Unsubscribe using this link:

<https://forms.gle/8bGj7KD74ME5pqyDA>

Here is a link to our website:  
\*be sure to bookmark!

<https://site.s.google.com/hvrsd.org/sustainablefashionnewsletter/home>

